

The Loving Grandparent's **UNITED STATES** **PATRIOT PACK**

100+ Ideas and Resources to Cultivate
Patriotic Values with Grandkids!

PRESENTED IN PARTNERSHIP WITH



COLOR PAGES • CUTOUTS • CARDS • TOPPERS

Let Freedom Ring!

Patriotism involves intentionally displaying and cultivating the values that make America great!

Grandparents often hold a unique position and ability to influence their grandchildren in ways that can make a big difference in their lives. It's a responsibility that intentional grandparents embrace, and as patriots, recognize as an opportunity to cultivate in their grandchildren the values that make our nation truly great. Values such as Faith, Family, and Freedom, upon which our Constitution was built. Values, which all too often, are omitted from the lives of the youth growing up in today's modern world.

It's time to get back to our roots. And who better to introduce those roots to the youth of today, than you, as their beloved grandparent?

With that aim, we've partnered with AMAC to design and offer you this "Patriot Pack". The pages that follow are filled with over 100 ideas and also printable activities to help you create meaningful moments and memories with your grandkids. We hope that this resource will help spark conversations and nurture the values we as patriots hold so dear.

Your grandchildren need you now more than ever before. Thank you for answering the call.

With gratitude,

- Aaron

Aaron Larsen

Founder, GrandparentsAcademy.com

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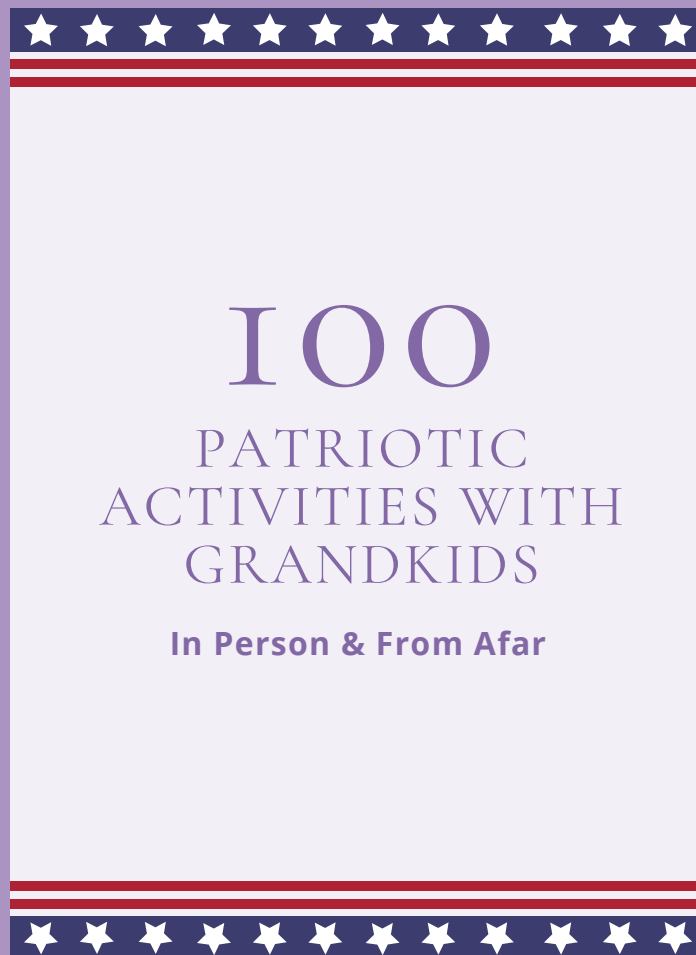




*I pledge allegiance
to the Flag of the
United States of
America, and to the
republic for which it stands, one
Nation under God, indivisible
with liberty and justice for all.*

Take the Pledge

"I pledge allegiance to the Flag
of the United States of America, and to
the Republic for which it stands, one
nation under God, indivisible, with
liberty and justice for all."



100

PATRIOTIC
ACTIVITIES WITH
GRANDKIDS

In Person & From Afar





Patriotic Activities with Grandkids

IN PERSON

COURTESY OF GRANDPARENTSACADEMY.COM

**IMPORTANT - As true with any holiday, be sure to first check with the parents of your grandchildren in order to understand and align with any boundaries or expectations they may have regarding how to celebrate.*

1. Do something kind for a veteran.
2. Decorate patriotic t-shirts.
3. Red, white, & blue water balloon toss.
4. Go on a nature walk.
5. Make s'mores.
6. Host an American history film festival.
7. Create a patriotic quilt.
8. Paint faces with stars and stripes.
9. Visit a farm and learn about American agriculture.
10. Read the Declaration of Independence.
11. Make red, white, and blue parfaits.
12. Go fishing.
13. Complete a Liberty Bell craft.
14. Patriotic cookie decorating contest.
15. Go to a local museum.
16. Host an American tales storytelling night.
17. Organize a family tree presentation.
18. Craft a patriotic home or yard banner.
19. Create patriotic cards.
20. Have a flag raising ceremony.
21. Build an indoor or outdoor fort using blankets. Raise an American flag.
22. Make patriotic wind chimes.
23. Visit a garden and discuss plants native to America.
24. Record a family video.
25. Play historical role-playing games.
26. Host a patriotic karaoke night.
27. Create a family scrapbook.
28. Pay respects at a local veterans cemetery.
29. Host a barbecue with hotdogs and hamburgers.
30. Attend a parade.
31. Make patriotic ice cream.
32. Visit historical sites.
33. Decorate bicycles and have a mini parade.
34. Create patriotic sidewalk chalk art.
35. Bake a flag cake.
36. Have a picnic.
37. Watch patriotic movies.
38. Set up a photo booth with patriotic props.
39. Play outdoor games like horseshoes.
40. Read historical books.
41. Camp in the backyard.
42. Do a patriotic puzzles and coloring pages.
43. Plan a patriotic scavenger hunt.
44. Have a dance party with classic American tunes.
45. Plant red, white, and blue flowers.
46. Create a time capsule.
47. Paint rocks with patriotic themes and hide them in the neighborhood.
48. Learn about ancestors.
49. Play patriotic bingo.
50. Cook a historical meal from 1776.

Ready for the next 50? (see next page)



50

Patriotic Activities with Grandkids

FROM AFAR

COURTESY OF GRANDPARENTSACADEMY.COM

**IMPORTANT - As true with any holiday, be sure to first check with the parents of your grandchildren in order to understand and align with any boundaries or expectations they may have regarding how to celebrate.*

1. Create a mini parade and share videos.
2. Make patriotic jewelry.
3. Explore American landmarks using VR headsets and discuss.
4. Discuss ancestors and family history.
5. Create a patriotic playlist together.
6. Read a book about American history.
7. Make origami stars or stripes.
8. Record a family video.
9. Do patriotic puzzles and color pages.
10. Cook a meal and eat together virtually.
11. Create a historical comic strip.
12. Learn and perform magic tricks with patriotic themes.
13. Write and share poems about freedom.
14. Share a live video while walking in nature.
15. Build models of U.S. monuments.
16. Work on a family tree project together.
17. Write a short story together.
18. Knit flag-themed items like coasters.
19. Visit museums together online.
20. Create a patriotic collage.
21. Compare notes on the different birds seen, relating them to freedom.
22. Watch historical documentaries.
23. Send patriotic cards.
24. Play patriotic bingo.
25. Read and discuss famous speeches.
26. Watch fireworks over video chat.
27. Read a patriotic book or story.
28. Create a time capsule.
29. Craft flags and show each other video.
30. Virtual patriotic cooking baking.
31. Have a patriotic sing-along.
32. Take a patriotic quiz.
33. Stream patriotic movies.
34. Decorate patriotic t-shirts.
35. Watch a parade online.
36. Create a patriotic scavenger hunt.
37. Exchange letters like it was 1776.
38. Share favorite memories of past Independence Days.
39. Teach each other patriotic dances.
40. Have a virtual picnic.
41. Play online games with historical themes.
42. Take a virtual tour of important American historical sites.
43. Read the Declaration of Independence.
44. Plant a tree in honor of the day.
45. Find a U.S. history-themed virtual escape room to solve together.
46. Make a Liberty Bell craft.
47. Write a historical play together.
48. Watch interviews with veterans.
49. Make a dream board.
50. Play a historical role-playing game.

Now, go make some fun & meaningful memories together!



CARD & TREAT BAG TOPPERS

Printable Templates



God
BLESS
America

4.5x2.5
SIZE

Treat Bag Toppers

6.7x2.5
SIZE





COLOR PAGES & MORE

Printable Activities



Values **Color Pages**



More fun & meaningful activities for grandkids at:

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Did you know that eagles can fly as high as 15,000 feet and as fast as 100 miles per hour?

How do eagles display excellence?

Ask a grandparent - How do they practice excellence?

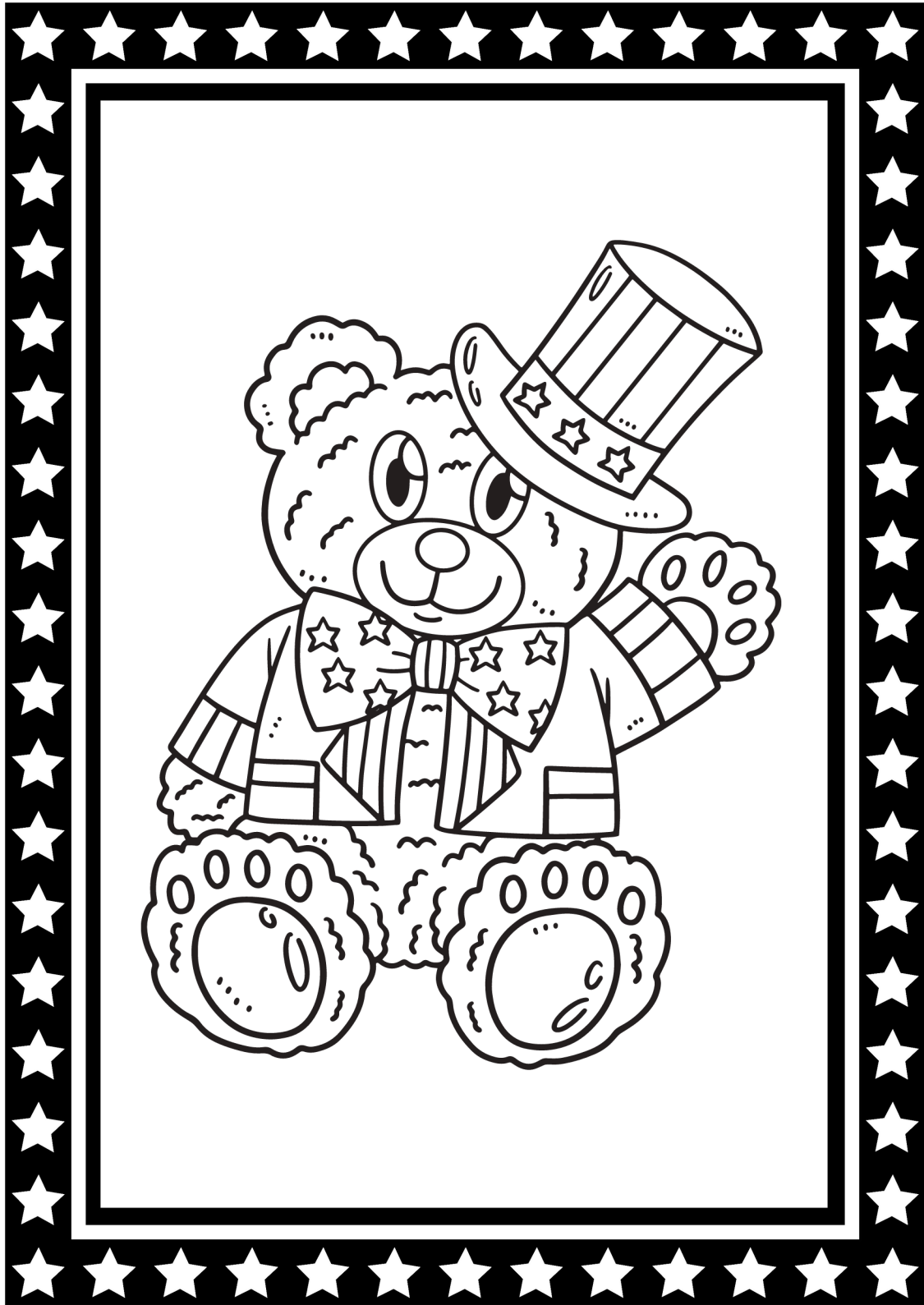
What ways can you grow and show excellence in your life?



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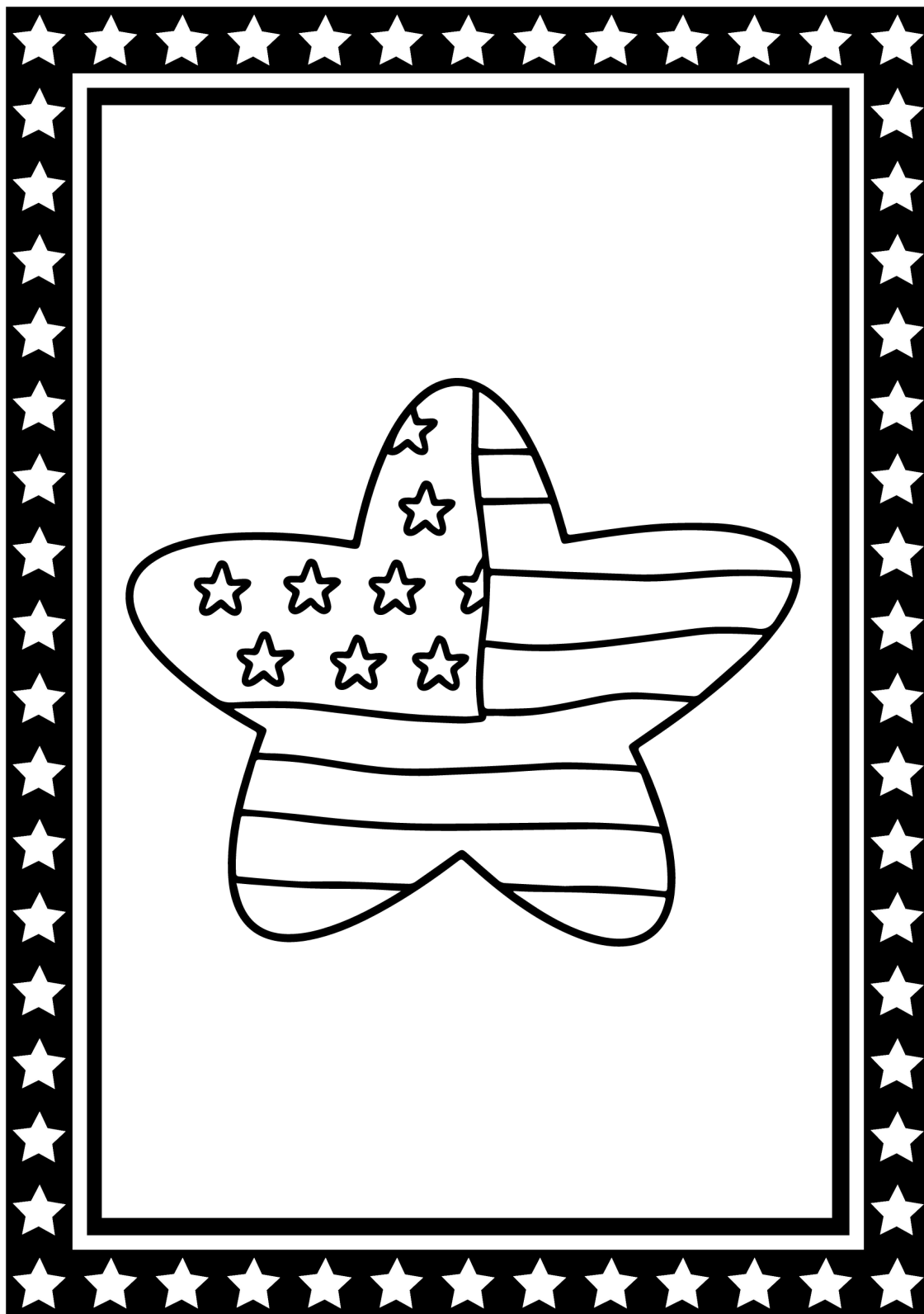
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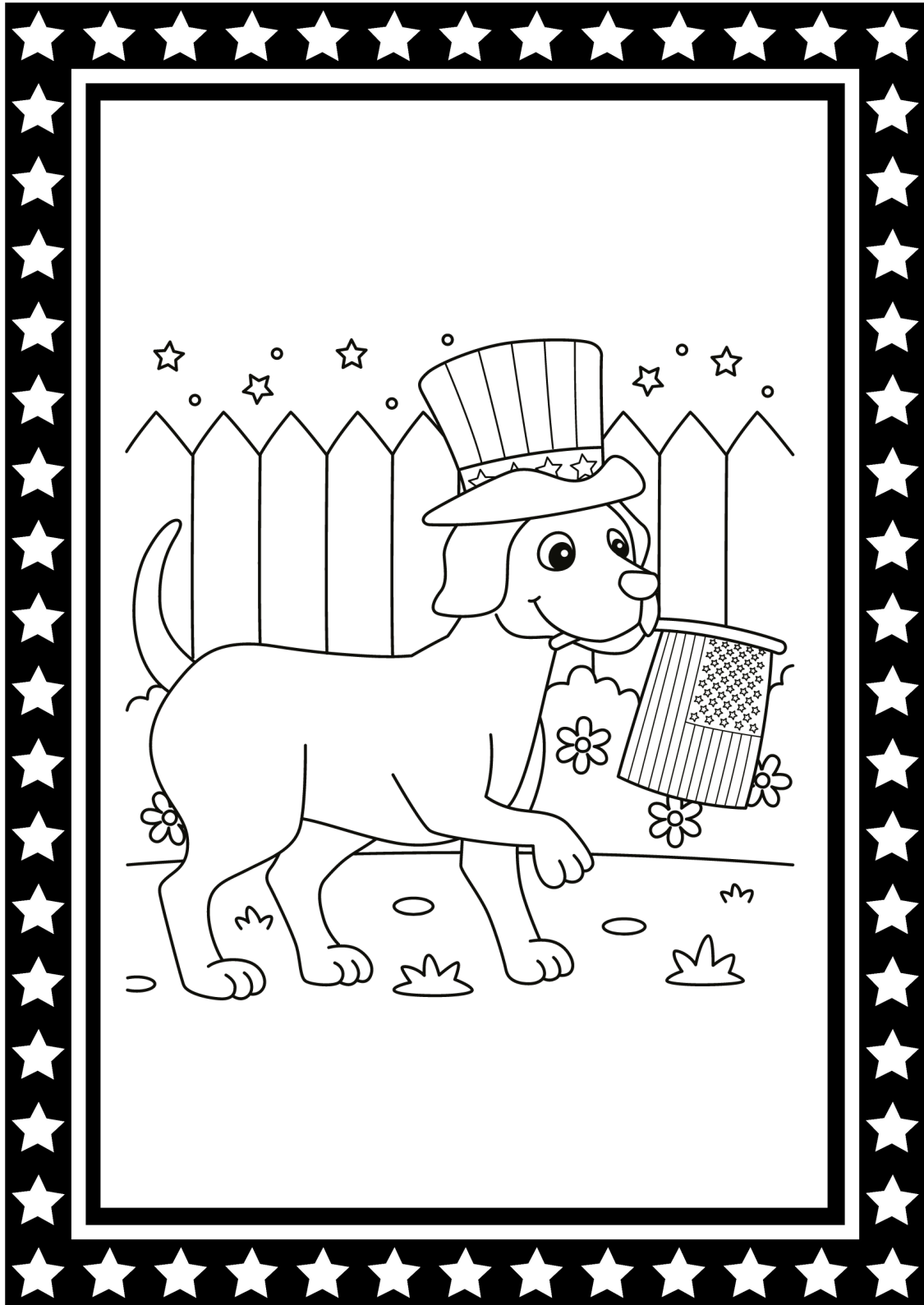
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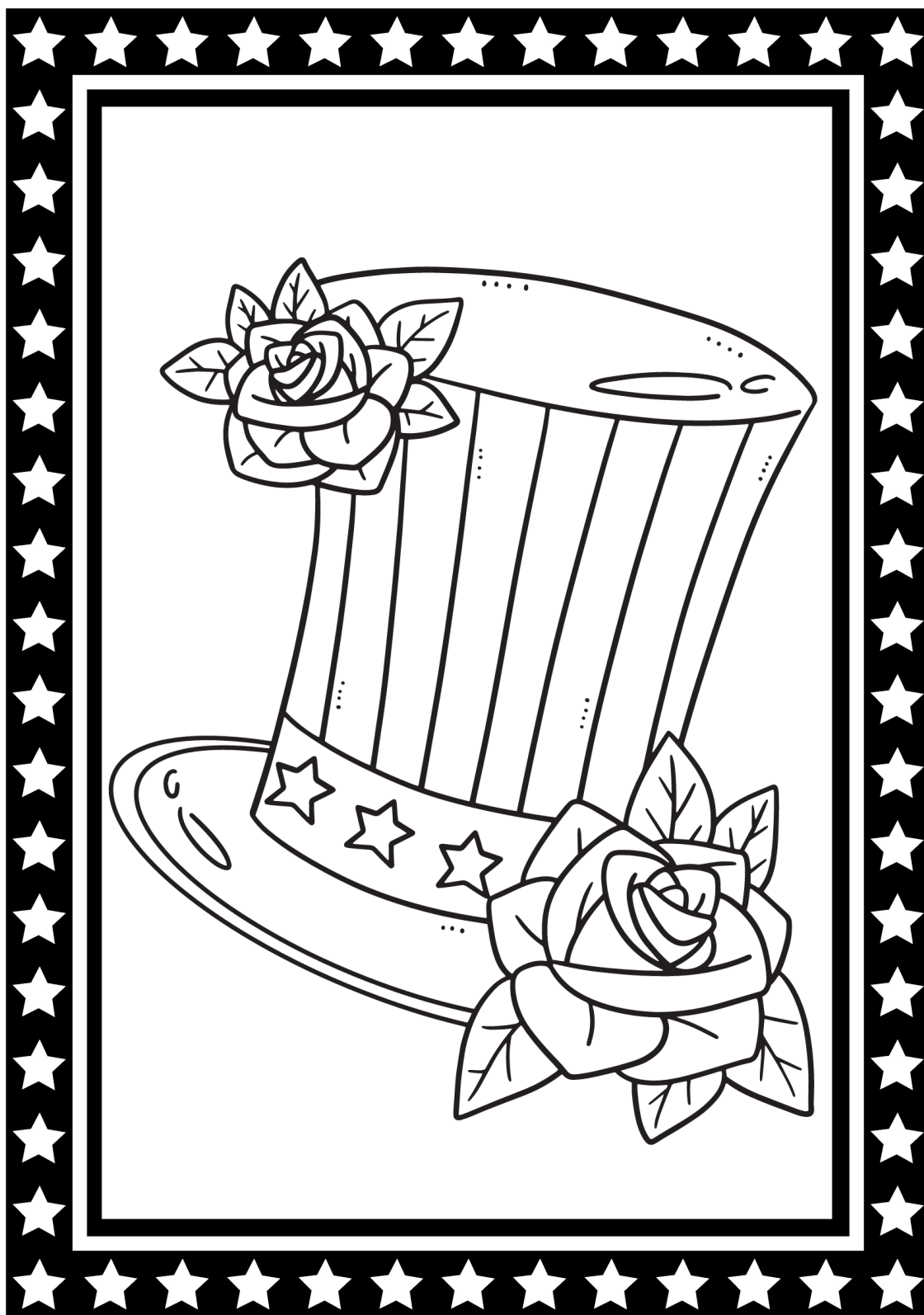
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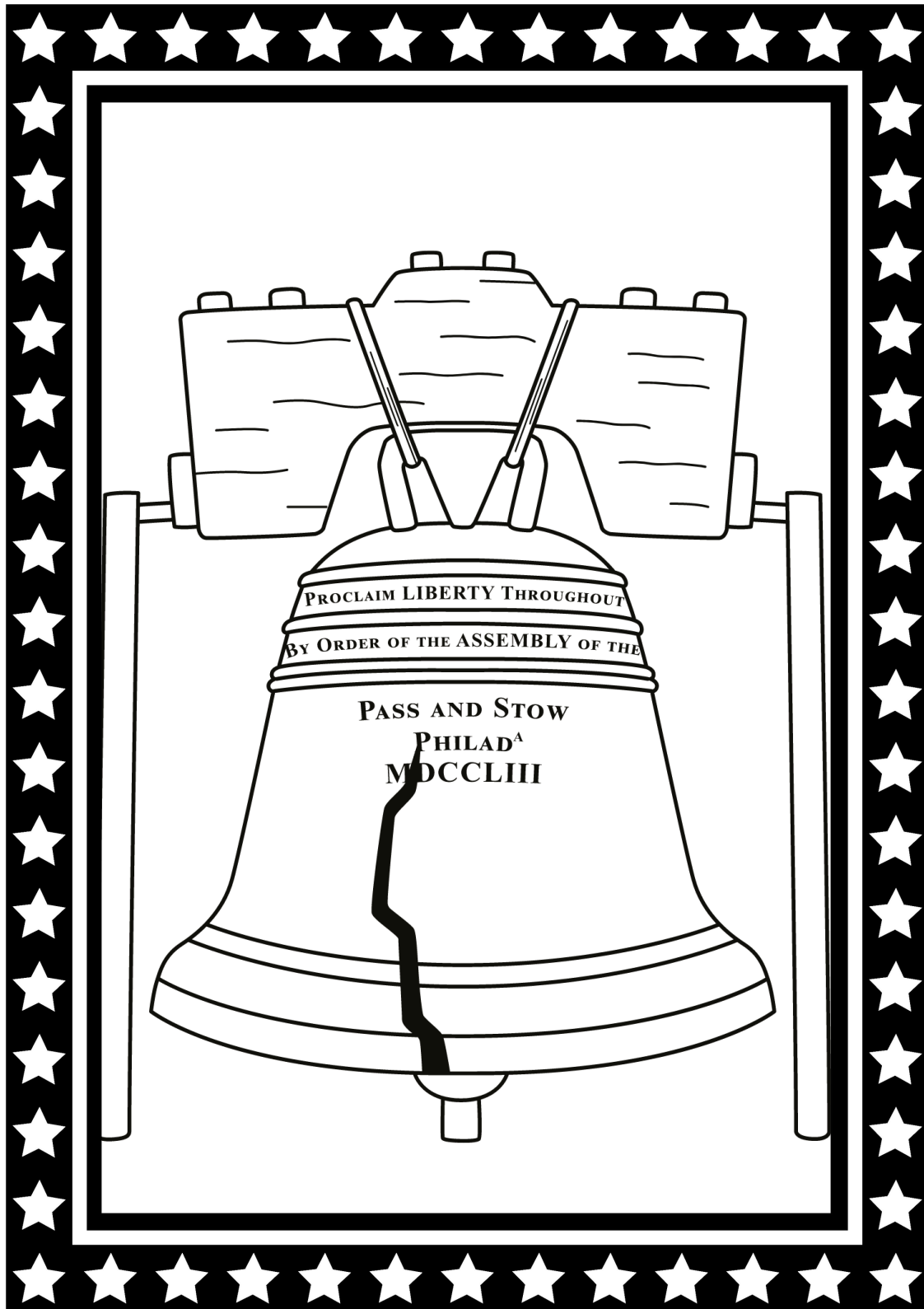
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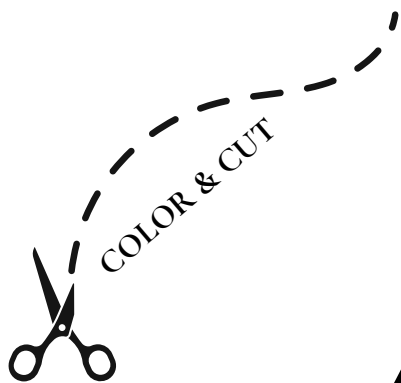
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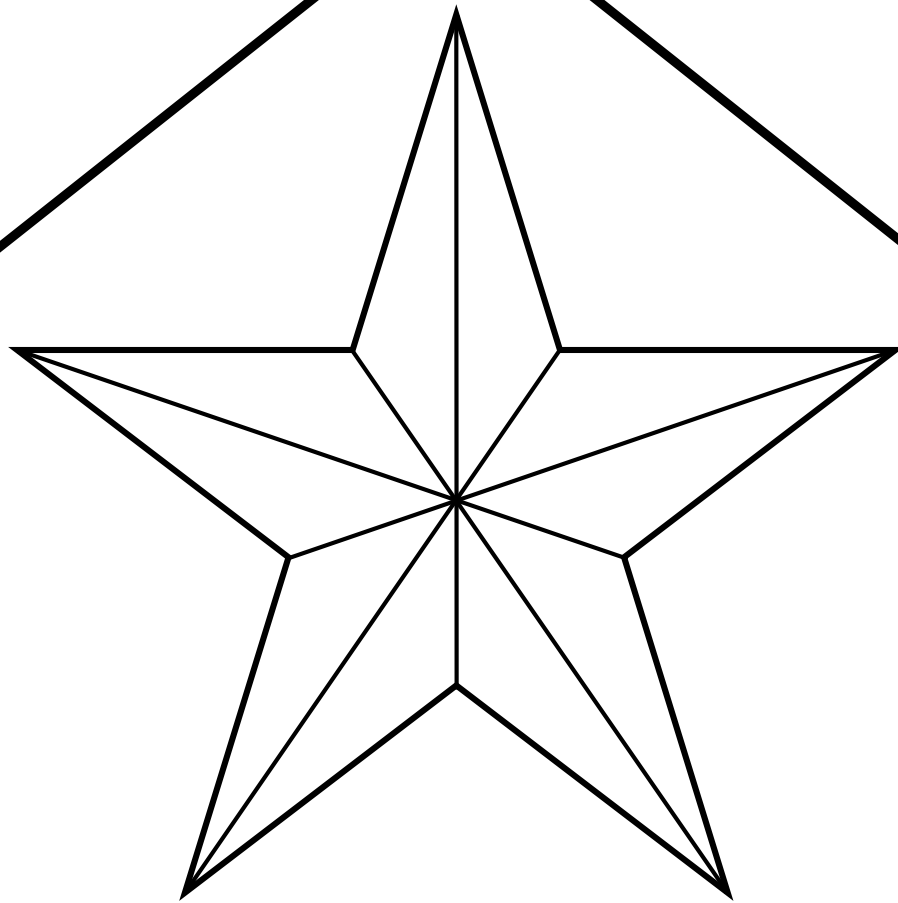
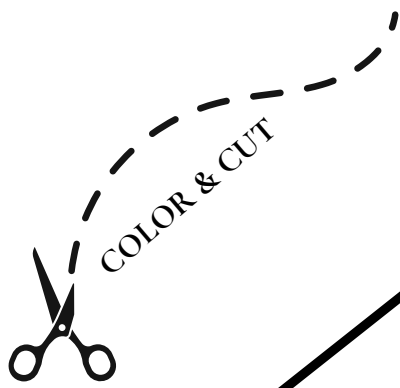
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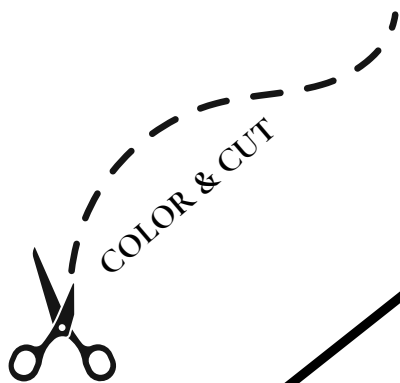
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A large house-shaped outline with a triangular roof and a triangular base. The interior of the house is divided into two sections by a horizontal line. The top section is a smaller triangle, and the bottom section is a larger rectangle. The rectangle is filled with horizontal lines for writing.



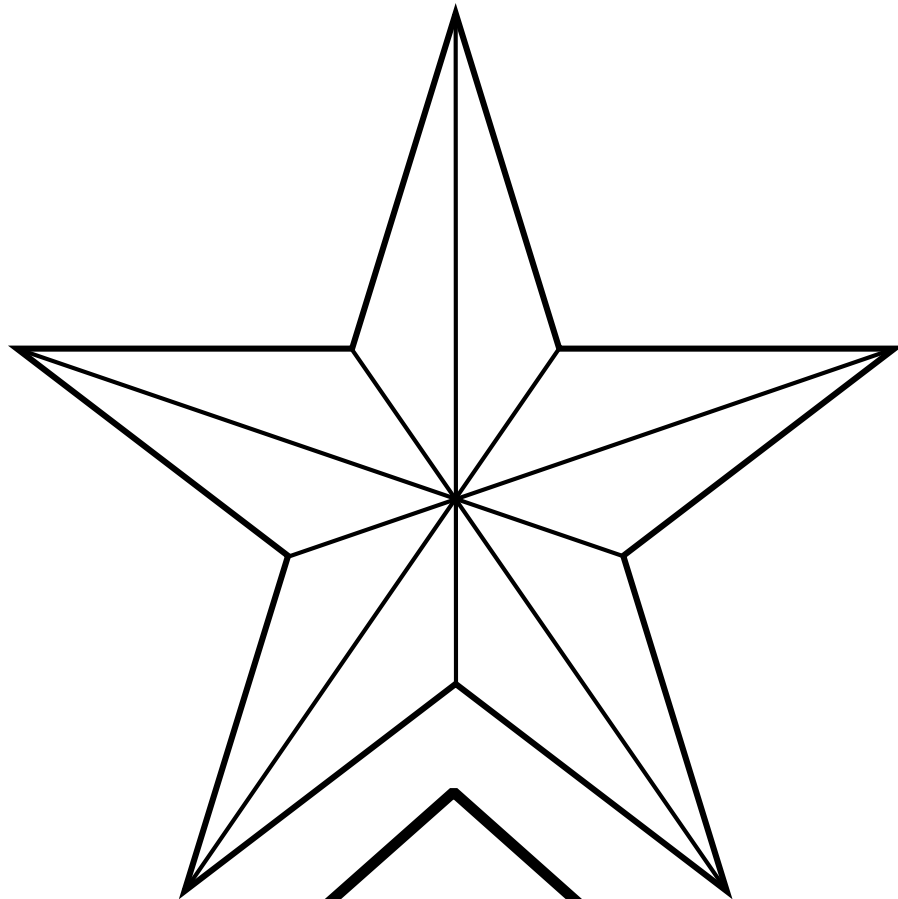
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Handwriting practice lines consisting of 12 horizontal lines within a large rectangular frame.



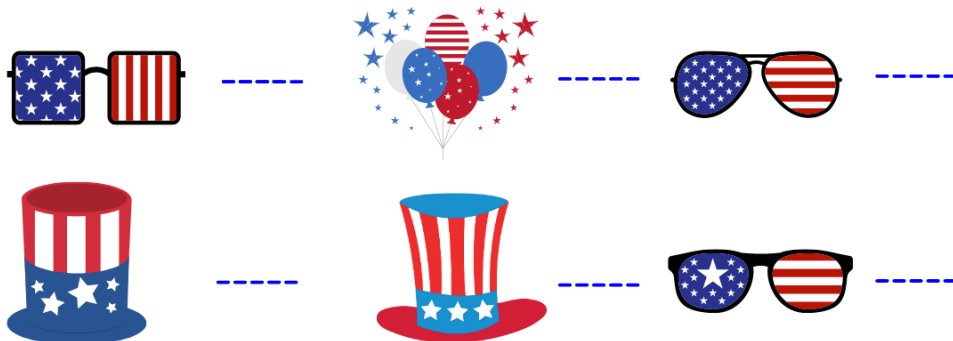
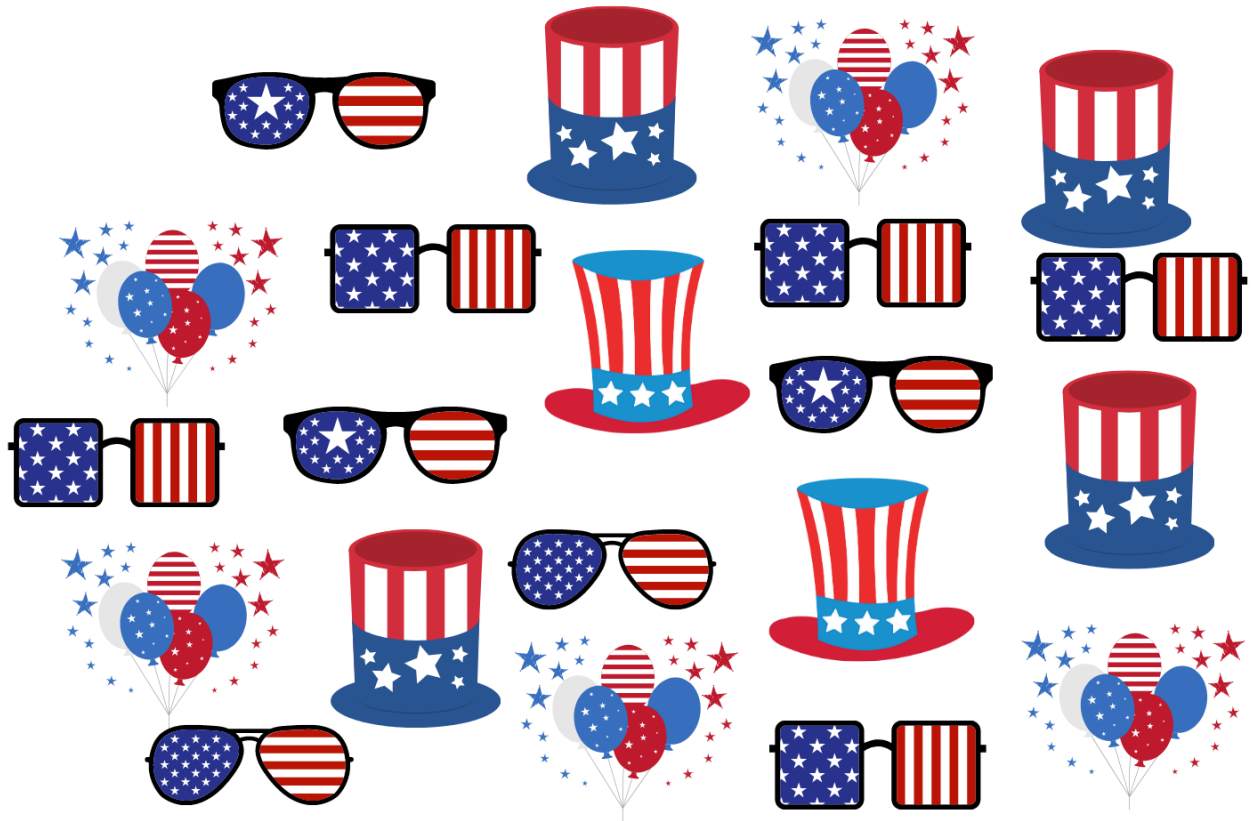
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I SPY

Count the pictures and write their numbers..



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GET ACCESS TO MORE

GrandparentsAcademy.com Gold and Silver Members receive access to an ever-growing library of resources designed to spark fun and meaningful experiences with grandchildren. This includes Celebration Packs with hundreds of activities such as coloring pages, word searches, and more, to download, print and share together with loved ones. They include pre-written prompts to start important conversations about values, adventures, and more in order to help grandchildren grow and develop strong, lasting relationships with their grandparents. It's a fantastic resource for grandparents who love spending quality time with their grandchildren!

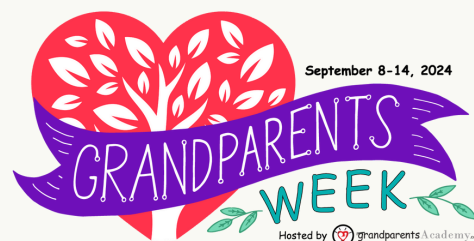
LEARN MORE

www.grandparentsacademy.com/gold



JOIN US FOR GRANDPARENTS WEEK!

SEPTEMBER 8 - 14, 2024



Grandparents Week is the largest virtual celebration and educational conference for grandparents of its kind. Kicking off on National Grandparents Day, from September 8th through the 14th, it's a full week of presentations, mini-classes and giveaways to honor grandparents (and have a ton of fun). Plus, it's free!

TOPICS INCLUDE:

- Modern Grandparenting Strategies
- Grandparenting from a Distance
- Nurturing Adolescent Grandchildren
- New Grandparents Tips
- Navigating Family Conflict
- Tech Resources for Grandparents
- And more!

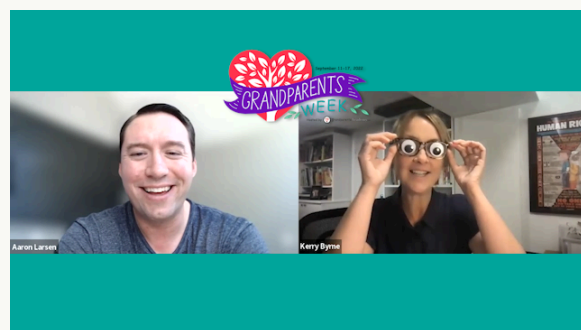
There will be more than a dozen presentations plus, a GrandTech Showcase, giveaways, and more!

No cost to attend. Grandparents can enjoy from the comfort of their own homes. All that is needed is an internet connection.

**Register today to be entered into the pre-event giveaways!*

REGISTER

Claim your free ticket today at:
www.grandparentsweek.com



Aaron Larsen interviews Dr. Kerry Byrne about long distance grandparenting tips during a past Grandparents Week.

WHAT ATTENDEES SAY

"I was amazed at the amount of support and ideas this week provided me in my role as a grandparent. I would definitely recommend attending!"

"Worth every minute to tune in and gain ideas for new to seasoned grandparents."

"I loved listening to the speakers, but most importantly, I loved that it was a weeklong celebration!"



Come Celebrate with Other Intentional Grandparents!

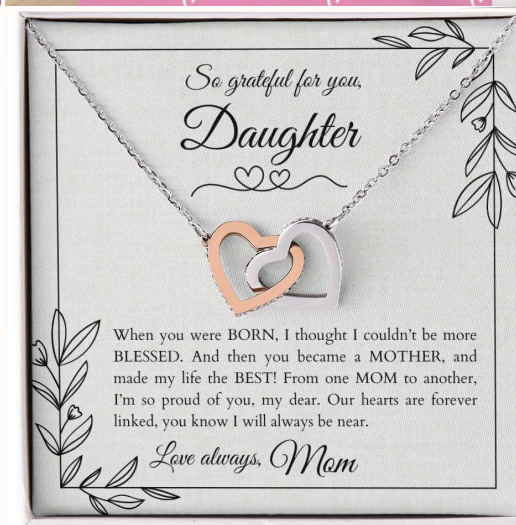
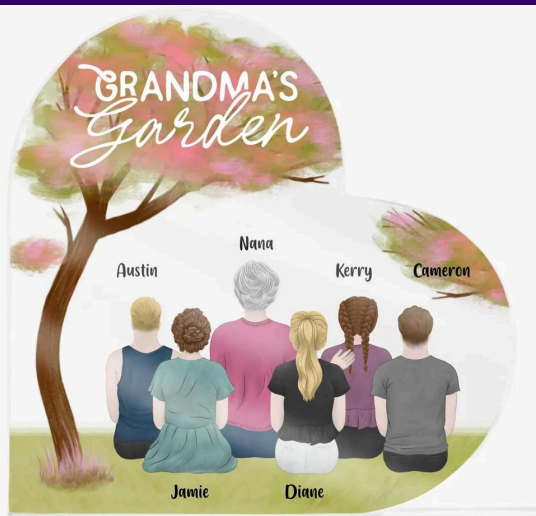
PRIVATE FACEBOOK GROUP | GRANDPARENTS ONLY

A fun, inspiring, and private community for grandparents of all ages and stages who truly love their grandkids and want to help them thrive. If you're on Facebook, and have not yet joined this group, you're missing out! Come join the party today, it's free!

JOIN THE GROUP

www.facebook.com/groups/grandparent

MEANINGFUL & PERSONALIZED GIFTS





Enjoy Your Benefits As An AMAC Member!

At GrandparentsAcademy.com, we honor AMAC members
with access to special benefits including:

FREE MASTERCLASS (\$147 Value) - Get complimentary access
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masterclass.

30% MEMBER DISCOUNT - Take 30% off when you enroll in
any other masterclass in our catalog.

(AND MORE!)

SEE YOUR BENEFITS